

VEGETABLES

2018 Sponsorship: Southlands Fruit & Veg, Moruya Mower & Chainsaw Centre, Innes Boat Shed, Tilba Dairy, Southern Performance Auto Spares, Garden Centre, Moruya Mufflers, South Pacific Roof Trusses, Monarch Hotel

STEWARD: Greg Summerhayes
ENTRY FORM CLOSING DATE: 6 pm Thursday 24th January 2019
EXHIBITS TO BE IN BY: 10 am Friday 25th January 2019
ENTRY FEE: \$1.00 per class

CONDITIONS OF ENTRY:

LIMIT OF FIVE (5) ENTRIES PER PERSON PER CLASS

Please read Instructions to Exhibitors

SECTION: F - VEGETABLES

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|-------|--|-------|---|
| F1.01 | Collection of six (6) types of herbs, stems to be in water | F1.24 | Three (3) white potatoes brushed not washed |
| F1.02 | Six (6) stalks of silverbeet, stems to be in water | F1.25 | Three (3) dark potatoes brushed not washed |
| F1.03 | One dozen green french beans | F1.26 | Three (3) potatoes AOV brushed not washed |
| F1.04 | One dozen climbing beans | F1.27 | One white table squash with stem |
| F1.05 | One dozen stringless beans | F1.28 | One black or red hubbard squash with stem |
| F1.06 | One dozen beans - AOV | F1.29 | One banana squash with stem |
| F1.07 | One egg plant - AV | F1.30 | One squash AOV with stem |
| F1.08 | Three (3) long green cucumbers with stem | F1.31 | Squash collection one each of three (3) varieties with stem |
| F1.09 | Three (3) apple cucumbers with stems | F1.32 | Three (3) parsnips tops cut back |
| F1.10 | Three (3) cucumbers AOV with stem | F1.33 | Six (6) stalks rhubarb, leaves cut off |
| F1.11 | One lettuce hearting variety | F1.34 | Three (3) cobs of corn |
| F1.12 | Three (3) capsicums with stem | F1.35 | Three (3) red tomatoes |
| F1.13 | Six (6) hot or chilli peppers with stem | F1.36 | Three (3) yellow tomatoes |
| F1.14 | Three (3) carrots long, tops cut back | F1.37 | Twelve (12) miniature tomatoes |
| F1.15 | Three (3) carrots short, tops cut back | F1.38 | Heaviest tomato |
| F1.16 | Three (3) beets, tops cut back | F1.39 | Three (3) heritage tomatoes |
| F1.17 | Six (6) long radishes, tops cut back | F1.40 | Three (3) green tomatoes |
| F1.18 | Six (6) round radishes, tops cut back | F1.41 | Three (3) zucchini AV with stem |
| F1.19 | Three (3) brown onions | F1.42 | AOV vegetable not specified |
| F1.20 | Three (3) white onions | F1.43 | Vegetable collection, one each of eight (8) varieties |
| F1.21 | Three (3) red or odorless onions | F1.44 | Any novelty vegetable |
| F1.22 | Onion collection, two (2) each of three (3) varieties | | |
| F1.23 | Three (3) garlic | | |

SPECIAL AWARDS:

CHAMPION EXHIBIT (Classes F1.01 - F1.44)

MOST SUCCESSFUL EXHIBITOR (Classes F1.01 - F1.44)

BEST EXHIBIT BEANS (Classes F1.03 - F1.06)

BEST EXHIBIT CUCUMBERS (Classes F1.08 - F1.10)

BEST EXHIBIT CARROTS (Classes F1.14 - F1.15)

TASTIEST TOMATO COMPETITION (F1.35 - F1.40) Prize: 1st - \$100.00; 2nd - \$50.00

BEST EXHIBIT SQUASH (F1.27 - F1.30)

BEST EXHIBIT TOMATOES (F1.35 - F1.40)

VEGETABLES (Continued)

BRIX READING:

How does one determine fruit and vegetable quality objectively? Often, we have tried an apple that looks great but turns out to be floury or sampled a great looking tomato that is tasteless. When is the optimum time to pick fruit and vegetables to get maximum taste and nutritional value? A refractometer measures the amount of dissolved solids in fruits, vegetables and grasses. This shows a grower the level of natural sugars (taste) and minerals (nutrient density) in a particular fruit, vegetable or grass, which can become an indicator for best harvest practice. The light passing through the liquid being tested is refracted (bent) in relation to the amount of dissolved solids found in the liquid.

The higher the Brix reading using a refractometer, the better the taste and the higher the mineral content of the fruit, vegetable or grass. For Tomatoes, a brix reading of 4 is poor, 12 and over is excellent. By using a refractometer on the entries, the nutritional level can be evaluated objectively and compared with other entries. This practice will scientifically endorse the best quality from a specific producer.